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# MEDICAL HEALTH TEST AND QUARANTINE REQUIREMENTS

## A. INTRODUCTION

All visitors that will, or may, be in proximity to orangutan (10 metres or less) must provide current proof that they are free from a range of diseases that are transmissible to orangutans (see table below). Medical health tests should be less than 6 months old and must cover the duration of your stay with the BOS Foundation.

INFECTION	APPLICABLE TO	TESTS/RESULTS REQUIRED
TUBERCULOSIS (TB)	Visitors from non-TB-endemic countries* with proof of BCG vaccination	Negative results from a IGRA (Quantiferon) test OR a chest x-ray
	Visitors from non-TB-endemic countries* who are unvaccinated, or if vaccine record cannot be found	Negative results from a IGRA (Quantiferon) test OR Negative results from a Mantoux skin test AND a chest x-ray
	Visitors from TB-endemic countries	Negative result from a IGRA test AND a chest x-ray OR Three sputum samples tested by acid-fast staining for mycobacteria AND a chest x-ray
HEPATITIS B	All visitors	Blood results for HbsAg, anti Hbs, and Anti-HBc
HEPATITIS C	All visitors	Blood result for Anti-HCV
HIV	All visitors	Blood result for Anti-HIV
COVID-19	Visitors from countries with COVID-19 vaccination available	Evidence of COVID-19 vaccination AND negative COVID-19 PCR test from 3 days before arrival AND a negative antigen rapid test on day 3 of quarantine AND a negative COVID-19 PCR test on day 8 of quarantine
	Visitors from countries with no COVID-19 vaccination	Negative COVID-19 PCR test from 3 days before arrival AND negative antigen rapid test on day 3 of quarantine AND a negative COVID-



	available	19 PCR test on day 8 of quarantine
<b>YELLOW FEVER</b>	Visitors who are from or have visited a Yellow Fever endemic country	Evidence of Yellow Fever vaccination
<b>HERPES SIMPLEX I &amp; II</b>	All visitors	Visitors infected with Herpes must remove themselves from proximity to orangutans when they feel a Herpes/fever blister/cold sore outbreak coming on

*\*Areas considered non-endemic for TB: Europe (members of CEE), North America, Australia, New Zealand*

Any visitors who require medical health tests are also required to complete a quarantine period before entering areas where we care for or observe orangutans in the open-air. In these areas, facemasks should be worn at all times.

**The quarantine period is set at 10 days in Indonesia, the latter 5 of which must be spent in Kalimantan.** Visitors who are arriving from parts of Indonesia other than Kalimantan (non-international arrivals) will have a 5-day quarantine period in Kalimantan. You may stay at our on-site accommodation during the quarantine period.

As outlined in our **ETHICAL GUIDELINES AND CODES OF CONTACT**, please note that even if you have cleared your medical health screening and quarantine period, you will not be allowed to have physical contact with the orangutans under any circumstances (unless the purpose of your visit requires it).

All visitors should be aware that these requirements are part of a living document, which is subject to change at anytime based on the most recent medical guidance and at the discretion of BOS Foundation veterinary professionals.

## **B. FREQUENTLY ASKED QUESTIONS (FAQS)**

### **1. Why the need for health tests?**

Orangutans and humans are closely related; for this reason, a number of infectious diseases can be transmitted between the two species. The conditions listed in the table have been carefully selected on the basis of the potential risk of transmission to orangutans and the severity of the consequences.



## **2. Where can I get these tests done?**

If there are concerns over your results, you may not be granted access to visit the centre, it is therefore recommended that these tests be done prior to your departure. We recommend that you ask your local doctor for a laboratory clinic that can perform the required tests. If there is any confusion on which tests are applicable to you, simply share these guidelines with your medical professional. Alternatively, there are good-quality, professional laboratories in Jakarta, Bogor, Balikpapan and Palangka Raya that can perform these tests. The cost of these tests varies by facility.

## **3. Can I just show you my vaccination record or a supporting letter from my physician stating that I am healthy?**

No, we need a copy of your lab test results to verify your current health. An interpretation from your doctor may be included as well. English or Indonesian is the preferred language.

## **4. Why the need for a quarantine period?**

Apart from the pathogens that are covered in our list of medical health tests, it is possible for visitors to pick up a «bug», either before or during long-distance travel and while in close proximity to people from around the world. Minor conditions such as a common flu, cold sores, or a stomach flu, although not too serious for us, can be much more severe for the orangutans who have never been exposed to these “common” illnesses. More severe infections such as tuberculosis can also be picked up during travel. The quarantine period allows time for symptoms to develop if the visitor happened to have picked up one of these infections. At the end of the quarantine period, we can be more confident that you do not carry one of the pathogens of concern (or you will have shown symptoms, in which case you can no longer enter our facilities).

## **5. So if I do the health screen and quarantine I can have contact with the orangutans?**

The main priority of the BOS Foundation is the welfare of the orangutans and their successful rehabilitation for reintroduction to the wild. We ask that visitors strictly avoid all non-essential contact with orangutans as it may hinder the rehabilitation process. Please refer to our **ETHICAL GUIDELINES AND CODES OF CONTACT** for more information.



**6. Do I need health checks to visit the Sun Bears?**

Visitors who wish to work in our sun bear sanctuary are also required to do the complete health tests as stated above, but they do not need to undergo a quarantine period prior to working with the sun bears.

**7. Do I need health checks if I am visiting for business, maintenance, or technical work?**

If you will need to be within 10 meters of an orangutan or are working on cages that will be used by orangutans, then the tests are still required.

If your work will not involve you being in an orangutan holding area, we can waive the medical health tests, but this will be decided by the veterinary team on a case-by-case basis.

**8. Why is there no mention of malaria medicines and vaccinations for visiting Indonesia?**

Our health screening process is designed to protect the health of the orangutans. It is your own responsibility to obtain adequate health insurance, and to seek and follow advice from a travel health professional regarding vaccinations and prophylactic medications necessary for protecting your own health during the trip.

This is not something we can help with, as the recommendations change frequently in response to current disease distributions within each region and population. Failure to follow the latest advice from your travel health advisor may invalidate your travel health insurance.